



Shuri-Te Bujutsu-Kai 首里手武術会



2024

# Shuri-Te Martial Arts International Conference

June 6, 7, 8 & 9, 2024  
Fort Mill, South Carolina - USA

## When:

**June 6, 7, 8 & 9, 2024**

Thursday: 6:00 PM to 9:30 PM

Friday: 1:00 PM to 10:00 PM

Saturday: 10:00 AM to 6:00 PM

Sunday: 10:00 AM to 2:00 PM

## **Special Training Classes:**

Saturday & Sunday Mornings 8:45 to 9:45 AM



## Where:

**COURTYARD by Marriott, Fort Mill, SC**

1385 Broadcloth Street

Fort Mill, South Carolina 29715

(15-min South of Charlotte, NC - Ext #85 off I-77)

## Cost:

Register Online @: [www.sbkma.com](http://www.sbkma.com)

Register by mail, check payable to: Shurite Bujutsu-Kai

Troy Price - 225 Helton Lane - Fort Mill, SC 29708

Early Pre-Registration: **\$215.00** for all 4 or 3-Days

Pre-register by 06-01-2024 (Includes Saturday Lunch  
& Free T-Shirt for those Registered for All 3-Days)

\$235.00 all 4 or 3-Days Registered After 06-01-2024

(Includes Sat. Lunch & Free T-Shirt for those that Register for All 3-Days)

Any Two-Days \$190.00 (Includes Saturday Lunch)

Friday Only \$100.00

Saturday Only \$160.00 (Includes Lunch)

Sunday Only \$70.00

Thursday Only \$70.00



**Karate**  
**Kempo**  
**Ju-Jutsu**  
**Weapons**  
**Filipino MA**  
**Xingyiquan**  
**Baguazhang**  
**Combative Flow**  
**Kyusho-Jutsu**  
**Kun Tao Silat**  
**Taijiquan**  
**Kung-Fu**  
**Chin-Na**  
**Qigong**  
**Judo**



[www.sbkma.com](http://www.sbkma.com)



# Conference Instructors



**Robert Bowles, Hanshi**  
International Shuri-Ryu Association  
10th Dan Shuri-Ryu Karatedo  
White Crane & Taijiqian



**Carl Wilcox, Hanshi**  
10th Dan Kwan Mu Kan Karate-President  
10th Dan US Ju-Jitsu Federation  
9th Dan Yamanaka Kojute Ju-Jutsu



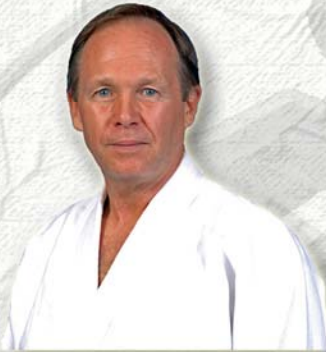
**Clarence Murray, Hanshi**  
9th Dan Shorin-Ryu Karatedo  
Okinawan Kobudo



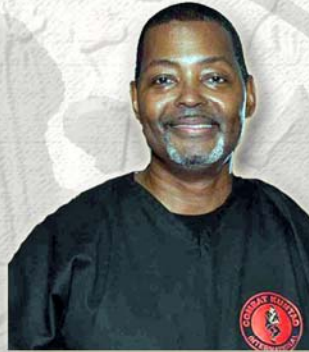
**Richard A. Fike Sr., Soke**  
Soke, Sanchi-Ryu Karate  
8th Dan Kwan Mu Kan Karate  
8th Dan Ju-Jitsu & 5th Dan Judo (USJA)



**Darren Myers, Hanshi**  
9th Dan Shito-Ryu Karatedo  
Kobudo, Iaido & Kendo  
Goshin-Do



**Tom Ryan, Professor**  
9th Dan Danzan-Ryu Ju-Jitsu  
Kun Tao Silat & 3rd Dan Judo  
Seifukujitsu Therapy



**Samuel Scott, GM**  
Combat Kun Tao  
Filipino Martial Arts  
Kung -Fu & Chin Na, Kyusho-Jutsu



**Paul J. Cote, Kyoshi**  
Master Level Baguazhang  
Master Level Xingyiquan  
8th Dan Isshin-Ryu, IWKA



**Ronald Layton, Shihan, Ph.D.**  
8th Dan Kwanmukan Karate & Aiki-JiuJitsu  
Former Secret Service Deputy Assistant  
Director, Presidential Protective Division &  
Secret Service Counter Assault Team



**TW. Smith, Sifu**  
Lama Pai- Hop Gar Kung-Fu  
Choy Li Fut & Original Yang Taijiqian  
Baguazhang & Xingyiquan



**Kevin Gurganus, Hanshi**  
8th Dan Shito-Ryu Karatedo  
5th Dan Okinawan Kobudo  
Ryukyu Kobudo Hozon Shinkokai



**Niels Larsen, Kyoshi**  
8th Dan Shuri-Ryu Karatedo  
Chief Instructor Shuri-Ryu Karatedo  
Okinawan Kobudo



**Troy J. Price, Kyoshi**  
Director, Shurite Bujutsu-Kai  
8th Dan Shuri-Ryu Karatedo  
8th Dan Shuri-Te Ju-Jutsu



**Jeff Rhodes, Kyoshi**  
7th Dan Kwan Mu Kan Karate  
7th Dan Yamanaka Kojute Ju-Jutsu  
7th Dan Shuri-Te Ju-Jutsu



**Lee Richards, Kyoshi**  
7th Dan Oyata-Te  
25 Year Student of Taika Seiyu Oyata  
Co-Founder - Oyata-Te



**Chad Bailey, Guro**  
FMA Progressive Arnis  
Kuntao Silat, Baguazhang  
Taijiqian & Qigong



# Conference Instructors



**Mark Baker, Kyoshi**  
7th Dan Shuri-Ryu Karatedo  
7th Dan Shuri-Te Ju-Jutsu  
2nd Dan Shintoyoshin-Kai Ju-Jitsu



**Alex Ormaza, Kyoshi**  
7th Dan Shurite Bujutsu-Kai  
Instructor Oyata-Te/Kobujutsu  
Guro, Taboada Balintawak Escrima



**Rick Scoppe, Kyoshi**  
7th Dan Shuri-Ryu Karatedo  
Okinawan Kobudo & Shodan Goju-Ryu  
Assistant Chief Instructor Shuri-Ryu



**Robert Taylor, Kyoshi**  
7th Dan Shuri-Te Ju-Jutsu/Bujutsu  
6th Dan American Open Karate  
1st Dan Shuri-Ryu Karatedo



**Dave Roth, Kyoshi**  
7th Dan Shorin-Ryu Karate  
4th Dan Okinawan Kobudo  
Iaido & Garimot Amis



**Arthur Hearn, Kyoshi**  
7th Dan Ryu-Te Jitsu Karate  
Shodan Kyu Ryu Kempo  
Okinawan Kobudo



**Joe Pounder, Kyoshi**  
7th Dan Shuri-Ryu Karatedo  
6th Dan Shuri-Te Ju-Jutsu/Bujutsu  
Chief Instructor Shuri-Ryu Karatedo



**Stephen Curley, Kyoshi**  
7th Dan, Shorin-Ryu Shorinkan  
4th Dan, Shorinkan Kobudo  
5th Dan Shurite Ju-Jutsu/Bujutsu



**Ivan Black, Kyoshi**  
7th Dan Ryu Kyu Karate  
5th Dan Oyata Shin Shu Ho  
Okinawan Kobudo



**Randy Henderson, Kyoshi**  
7th Dan Kenpo Jujitsu  
5th Dan Shuri-Te Ju-Jutsu/Bujutsu



**Thabiti Sabahive, Professor**  
7th Dan Danzan-Ryu Ju-Jitsu  
Seifukujitsu Restorative Therapy



**Nate Mohler, Shihan**  
Taijiquan Instructor  
6th Dan Shuri-Ryu Karatedo  
Doctor of Acupuncture



**Josh Moree, Shihan**  
6th Dan Ryukyu Kempo  
5th Dan Small Circle Jujitsu  
1st Dan Modern Amis



**John Albillar, Shihan**  
6th Dan Karate-Jutsu  
6th Dan Ju-Jutsu  
Firearms Instructor



**C. Matthew White, Shihan**  
6th Dan Shintoyoshin Kai Jiu Jitsu  
5th Dan Shuri Ryu Karatedo



**Lydia Carnesale, Renshi**  
5th Dan Shuri-Ryu Karatedo  
GAT Ninang Garimot Amis  
2nd Dan Shuri-Te Ju-Jutsu





**Matthew Ansari, Renshi**  
 5th Dan Karate-Jutsu  
 4th Dan Shihaiyoku Karate  
 3rd Dan Shurite Ju-Jutsu/Bujutsu



**Jeff White, Renshi**  
 4th Dan Shuri-Te Ju/Bu-Jutsu  
 Kuntao Silat Morin  
 Kanda Ha Kamishin Jujitsu



**Leah Casio, Renshi**  
 4th Dan Okinawa Kempo Karate Jutsu  
 2nd Dan Shito-Ryu Karatedo  
 Balintawak Escrima & Okinawan Kobudo



**Peter Freer, Shihan**  
 8th Dan Yamanaka Kojute Ju-Jutsu  
 Instructor: Combat Submission Grappling  
 Jeet Kun Do, Muay Thai, Western Boxing



**Quentin Barrett, Renshi**  
 5th Dan Shurite Ju-Jutsu/Bu-Jutsu  
 Amis, Baguazhang & Kobudo  
 1st Dan Tae Kwon Do



**Kevin Phillips, Sensei**  
 3rd Dan Ryukyu Kempo Karate  
 2nd Dan Small Circle Jujitsu  
 1st dan (Lakan Isa) Modern Amis



**Itipon Somboon, Sifu**  
**(aka Pnut Da Zboy)**  
 Taijiquan



**Wayne Adams, GM**  
 8th Dan Okinawan Kempo  
 8th Dan Torite Jutsu

## Hotel Information:

Special Room Rate of \$159.00

Must Reserve Room by 05-16-2024

1-844-205-7427 Ask for

“Shurite Martial Arts Conference” Rate

Exit #85, off Interstate I-77

COURTYARD by Marriott, Fort Mill

1385 Broadcloth Street

Fort Mill, South Carolina 29715

(803) 548-0156

### All Are Welcome:

The Conference is open to all styles and ranks; any martial artist with a desire to improve via continued study and training are welcome.

Four to five different classes taught every hour, choose the classes you wish to train

### REGISTRATION FORM:

(Pay online @ [www.sbkma.com](http://www.sbkma.com) - Call 919-360-7224 - by Mail)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

E-Mail: \_\_\_\_\_ Ph# \_\_\_\_\_

Cost: (Payment by Check, Cash or Credit Card)

\_\_\_\_\_ All 4 or 3 Days Pre-Registration By 05/31/24 \$215.00

\_\_\_\_\_ All 4 or 3 Days Registration After 05/31/24 \$235.00

\_\_\_\_\_ Any Two-Days \$190.00 (Saturday Lunch Included)

\_\_\_\_\_ Friday only \$100.00

\_\_\_\_\_ Saturday only \$160.00 (Lunch Included)

\_\_\_\_\_ Sunday only \$70.00

\_\_\_\_\_ Thursday only \$70.00

**T-Shirt Size** \_\_\_\_\_ Available Sizes: S, M, L, XL, XXL, XXXL

(Free T-Shirt only for those who register for all 3-days)

Make Payment to: **Shurite Bujutsu-Kai**

Mail To: Troy Price - 225 Helton Lane - Fort Mill, SC 29708

### **Restaurants next to the Hotel in Kingsley Village:**

- Carolina Ale House
- Spice Asian Kitchen
- Brixx Pizza
- Panera Bread
- Smash Burger
- Taco Molino Mexican
- Epic Chop House
- Starbucks Coffee
- Clean Juice
- Cold Stone Creamery
- Cork Crew Wine Bar
- Napa and More





## **Other Hotels for the 2024 Shurite Martial Arts Conference:**

If the COURTYARD on longer has rooms available at the conference rate; here is a list of four other nearby Hotels (a few blocks to ½ mile away), there rates will be less than the COURTYARD Standard Rates.

### **CAMBRIA HOTEL FORT MILL**

340 Amistead Avenue  
Fort Mill, SC 29708  
(803) 591-9867  
[www.choicehotels.com](http://www.choicehotels.com)

### **HOME2 SUITES BY HILTON FORT MILL**

1840 Coltharp Road  
Fort Mill, SC 29708  
(803) 547-1111  
[www.hilton.com](http://www.hilton.com)

### **HOLIDAY INN EXPRESS, FORT MILL**

1655 Carolina Place Drive  
Fort Mill, SC 29708  
(803) 802-0300  
[www.ihg.com](http://www.ihg.com)

### **HAMPTON INN & SUITES, FORT MILL**

1520 Carolina Place Drive  
Fort Mill, SC 29708  
(803) 578-2600  
[www.hilton.com](http://www.hilton.com)

# 2024

## Shuri-Te Martial Arts International Conference

Conference Location:  
COURTYARD by Marriott, Fort Mill  
1385 Broadcloth Street  
Fort Mill, South Carolina 29715

June 6, 7, 8 & 9, 2024  
Thursday: 6:30 PM to 9:30 PM  
Friday: 1:00 PM to 10:00 PM  
Saturday: 8:45 AM to 6:45 PM  
Sunday: 8:45 AM to 2:00 PM

### Weapons Training During the Conference Weekend:

**Note:** For Weapons training classes there will be some extra weapons available for use. But if you have your own training weapons please bring them with you.

### Weapons that will be taught at the Conference:

- ◆ Bo
- ◆ Jo
- ◆ Nunchaku
- ◆ Chizi Kun Bo
- ◆ Arnis/Escrima Sticks
- ◆ Training Knives and Karambit
- ◆ Iaido (Japanese training sword or Bokken)



## Schedule of Classes

### Thursday, June 6, 2024

6:25 - 6:30 PM - Instructors/Attendees - Open Area - Announcements			
6:30 PM to 7:30 PM	Clarence Murray	RM-1	Two Person Combative Flow Drills
	John Albillar & Lydia Carnesale	RM-2	Drills for Dealing with Sudden Violence Power of Three: Connecting Sinawali & Kihon
	Robert Taylor	RM-3	Shurite Ju-Jutsu: Advanced Arm Bar Flow Series Techniques
7:30 PM to 8:30 PM	Paul J. Cote	RM-1	Xingyiquan and Baguazhang "Uchi-no-kata" for Combative Flow
	Matthew Ansari & Jeff White	RM-2	Closing the Gap – Enter, Strike, Lock & Drop Whipping Actions of Putar Kepala/Kaiten Nage
	Stephen Curley	RM-3	Sabaki Style full contact fighting: "The leg kicking system and more
8:30 PM to 9:30 PM	Lee Richards	RM-1	Cross-Crawl Correlation Enhancing Kyusho & Tuite
	Joseph Pounder	RM-2	San Chin Kata: A Model for the Six Coordinations
	Nate Mohler	RM-3	Silk Reeling and Fajin: Long and Short Power Generation for Martial Arts



# 2024

## Shuri-Te Martial Arts International Conference

### Friday June 7, 2024

**Rank Examinations/Testing 11:00 AM to 12:30 PM**  
Shuri-Ryu Karatedo - Shurite Ju-Jutsu - Xingyiquan/Baguazhang

<b>1:00 - 4:15 PM</b> <b>Main Room</b> Each Instructor will teach for 35-Minutes There will be a 10 minute break during this block	<b>Peter Freer</b> <b>Quentin Barrett</b> <b>Wayne Adams</b> <b>Kevin Phillips</b> <b>Itipon Somboon</b>	-How to make your brain the most powerful weapon in your Martial Arsenal -Latrago Kali Method of Redondo with Blade -Shooters Fighting Stance with 5-Element Motions -Creating Biomechanical Advantages -Relaxation, the Key of Internal Power
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**4:15 - 6:00 PM - Dinner (on your own)**

**6:00 - 6:10 PM - All Instructors/Attendees - Open Area - Announcements**

<b>6:10 PM to 7:20 PM</b>	<b>Richard A. Fike</b>	<b>RM-1</b>	Tactical Rope Fighting # 550 Cord will be provided)
	<b>Darren Myers</b>	<b>RM-2</b>	Goshin-Do: Simultaneous Blocking/Striking to Locks, Holds & Takedowns
	<b>Tim W. Smith</b>	<b>RM-3</b>	Choy-Li-Fut Fighting Form 1: Sau Choy <b>or</b> Choy-Li-Fut Fighting Form 2: Leopard Strike
	<b>Matt White</b>	<b>RM-4</b>	Silat and Shintoyoshin-Ju-Jutsu for Combat
	<b>Ivan Black</b>	<b>Outside</b>	Jo Staff Concepts and Techniques of Taika Oyata (RyuTe)
<b>7:30 PM to 8:40 PM</b>	<b>Robert Bowles</b>	<b>RM-1</b>	(Thousand Hand Forms) Eight Sen-Te Exercises with Applications
	<b>Tom Ryan</b>	<b>RM-2</b>	Yawara Joint Locks (emphasis on why they do what they do) and Chokes
	<b>Samuel Scott</b>	<b>RM-3</b>	Knife/Edged Weapon Defense
	<b>Arthur Hearn</b>	<b>RM-4</b>	In Search of High Level, Uncommon Martial Skills
	<b>Dave Roth</b>	<b>RM-5</b>	Okinawan Kata Bunkai (Joint Locks and Takedowns)
<b>8:50 PM to 10:00 PM</b>	<b>Clarence Murray</b>	<b>RM-1</b>	Elements of White Crane and Martial Applications
	<b>Ronald Layton</b>	<b>RM-2</b>	Combative Techniques and Physiology Class #1
	<b>Chad Bailey</b>	<b>RM-3</b>	Kuntao Flows, JuJutsu Throws, Bagua Sweeps and Ground Silat Takedowns
	<b>Stephen Curley</b>	<b>RM-4</b>	Naihanchi Kata: Concepts, Timings and Applications
	<b>Leah Casio</b>	<b>RM-5</b>	Open Palm Tuite for Pushes, Grabs & Pulling Scenarios <b>or</b> Muay Thai Kickboxing Drills

# Saturday, June 8, 2024

## 8:45 to 9:45 AM - Special Early Morning Training Classes

- ◆ Taijiquan Chen Style - (Nate Mohler) (Room-1 or Outside)
- ◆ Baguazhang/Xingyiquan - (Paul Cote) (Room-1)
- ◆ Shuri-Ryu Karatedo - (Rick Scoppe) (Room-2)
- ◆ Taboada Balintawak Arnis - (Alex Ormaza) (Room-3)
- ◆ Kyusho-Jutsu Program - (Joe Pounder) (Room-4 or 5)
- ◆ Qigong - (TW Smith) (Outside)

## 10:00 - 10:10 AM - All Instructors/Attendees - Open Area - Announcements

<b>10:10 AM to 11:10 AM</b>	<b>Jeff Rhodes</b>	<b>RM-1</b>	Shurite Bu-Jutsu Elbow and Fist Flow Training with Applications
	<b>Robert Taylor</b>	<b>RM-2</b>	Shurite Ju-Jutsu: Advanced Wrist Locking Flow Series Techniques
	<b>Alex Ormaza</b>	<b>RM-3</b>	Oyata's 64 Hand Drill to Enhance Dexterity & Fluidity of Motion with Applications
	<b>Joseph Pounder</b>	<b>RM-4</b>	Intercept, Enter, and Finish with Turtle Hand & Mawashi Uke Combinations
	<b>Stephen Curley</b>	<b>Outside</b>	Stick/Tanbo against the Bo Applications, Concepts & Disarms
<b>11:20 AM to 12:20 PM</b>	<b>Carl Wilcox</b>	<b>RM-1</b>	Counter Offense Methods and Strategies Part-2
	<b>Lee Richards &amp; Lydia Carnesale</b>	<b>RM-2</b>	Defense with Walking Stick/Cane
	<b>Niels Larsen</b>	<b>RM-3</b>	Developing Power, Speed, & Form with Principles from Shuri-ryu Karate
	<b>Randy Henderson</b>	<b>RM-4</b>	Integrating Kenpo with Shurite Ju-Jutsu Joint Locking & Combative Flow Elbows
	<b>Kevin Gurganus</b>	<b>Outside</b>	Knife Kata and Combative Drills
<b>12:30 PM to 1:30 PM</b>	<b>Robert Bowles</b>	<b>RM-1</b>	White Crane Form #4 (Hakutsura-Kata) and Applications
	<b>Josh Moree</b>	<b>RM-2</b>	Advanced Baiting Techniques to Locks, Controls & Throws <b>or</b> Brazilian Jiu Jitsu for Stand-Up Practitioners
	<b>John Albillar</b>	<b>RM-3</b>	Scaling force - Decision making under the threat of violence
	<b>Matthew Ansari</b>	<b>RM-4</b>	Combative Applications of Shurite Bujutsu Blocking Flow Series
	<b>Dave Roth</b>	<b>Outside</b>	Okinawan Oar Kata (Choun no Eku)
<b>1:30 - 2:40 PM</b>	<b>Group Photo and Lunch Provided On-Site</b>		

Saturday, June 8, 2024 (Continued on Next Page)



# Saturday, June 8, 2024 (Continued)

<b>2:40 PM to 3:40 PM</b>	<b>Richard A. Fike</b>	<b>RM-1</b>	Close Quarter Combat & Psychology for Survival
	<b>Tom Ryan</b>	<b>RM-2</b>	Kappo Resuscitations
	<b>Paul J. Cote</b>	<b>RM-3</b>	Baguazhang Building Blocks: Tiangan-to-Houtian-to-Xiantian Applications
	<b>Chad Bailey</b>	<b>RM-4</b>	Filipino Kuntaw Silat: Cadena de Mano Sayaw 1
	<b>Arthur Hearn</b>	<b>Outside</b>	Ryu-Te Tanbo Kata Okinawan Double Stick Kata and Unique Disarms
<b>3:50 PM to 4:50 PM</b>	<b>Darren Myers</b>	<b>RM-1</b>	Iaido: Sword drawing, Kata & Applications
	<b>Ivan Black</b>	<b>RM-2</b>	Improving the Effectiveness of your Techniques through Upper & Lower Body Coordination
	<b>Samuel Scott</b>	<b>RM-3</b>	Finger Pressure Takedowns
	<b>Jeff White</b>	<b>RM-4</b>	Unmercifully-Merciful Blade Work: Arterial & Bio Mechanical Cuts from Uchi No Kata #20
	<b>Rick Scoppe</b>	<b>Outside</b>	Chizi Kun Bo Kata & Combative Waza <span style="color: red;">or</span> 13 Jo Kata
<b>5:00 PM to 6:00 PM</b>	<b>Clarence Murray</b>	<b>RM-1</b>	Nunchaku Application Strikes and Catches
	<b>Ronald Layton</b>	<b>RM-2</b>	Combative Techniques and Physiology Class #2
	<b>Matt White</b>	<b>RM-3</b>	Incidental and Accidental Joint and Limb Destructions
	<b>Tim W. Smith</b>	<b>RM-4</b>	Taoist Mind Body Training with 5 Sacred Creatures
	<b>Nate Mohler</b>	<b>RM-5</b>	Dojo Medicine: Tui Na (Chinese Bodywork)

**6:05 PM to 6:45 PM**

**Presentations:**

**(Rank Promotions/Titles and Special Tributes)**

**7:00 PM - Dinner (on your own)**

**Restaurants next to the Hotel in Kingsley Village:**

- ◆ Carolina Ale House
- ◆ Spice Asian Kitchen
- ◆ Taco Molino Mexican
- ◆ Epic Chop House
- ◆ Brixx Pizza
- ◆ Panera Bread
- ◆ Smash Burger
- ◆ Starbucks Coffee
- ◆ Clean Juice
- ◆ Cold Stone Creamery
- ◆ Cork Crew Wine Bar
- ◆ Napa
- ◆ and More



**Sunday, June 9, 2024 (Continued on Next Page)**



# Sunday, June 9, 2024

## 8:45 to 9:45 AM - Special Early Morning Training Classes

- ♦ White Crane - (Joe Pounder) (Room-1)
- ♦ Xingyiquan/Baguazhang - (Paul Cote) (Room-2)
- ♦ Taijiquan (Brush Knee 3 Strikes & Throw) (TW Smith) (Room-3)
- ♦ Kyusho-Jutsu Program - (Alex Ormaza) (Room-4 or 5)
- ♦ Qigong - (Nate Mohler) (Outside)

## 10:10 AM to 12:40 PM (Room-5)

## White Crane Kata Review and Testing (Robert Bowles)

### 10:00 - 10:10 AM - All Instructors/Attendees - Open Area - Announcements

<b>10:10 AM to 11:20 AM</b>	<b>Lee Richards</b>	<b>RM-1</b>	Supine to Prone
	<b>Thabiti Sabahvie</b>	<b>RM-2</b>	Joint Locks and Chokes into Throws (Nage-Waza)
	<b>Jeff Rhodes</b>	<b>RM-3</b>	Kwan Bop - Body Conditioning With Combatives
	<b>Lydia Carnesale</b>	<b>RM-4</b>	Pressure Points & Striking - Using Ippon #6 (More than an Ippon)
	<b>Josh Moree</b>	<b>Outside</b>	FMA: Modern Arnis Left-Hand Stick Drills and Techniques
<b>11:30 AM to 12:40 PM</b>	<b>Kevin Gurganus</b>	<b>RM-1</b>	Ju-Jutsu Ground Kata and Applications
	<b>Niels Larsen</b>	<b>RM-2</b>	Sanchin Kata: Breathing, how to shape and make the body strong
	<b>Rick Scoppe</b>	<b>RM-3</b>	Three Levels of Blocking <b>or</b> 13 Jo Kata
	<b>John Albillar</b>	<b>RM-4</b>	Joint Locks - Developing the Ability to Apply Under Pressure
	<b>Leah Casio</b>	<b>Outside</b>	FMA: Two Stick, 8-Count Partner Drills
<b>12:50 PM to 2:00 PM</b>	<b>Troy J. Price</b>	<b>Main Room</b>	<b>Whirlwind of De-Animation:</b> Quick Efficient Intercepting, Entering and Covering Methods into Strikes, Joint Locks, Takedowns and Finishing Techniques "The Usual Devastation"

### Note:

**Restorative Massage and Acupuncture Treatments  
will be available during the weekend**