



Florida Martial Arts Seminar

with **O'Sensei Robert Bowles**

February 1, 2025

**ALL
STYLES**

12:00 - 4:00

**ALL
RANKS**

Wildwood Community Center

6500 Powell Road - Wildwood, Florida

FEE: \$80 in Advance (\$100 at the Door) ***TOPICS TO BE COVERED:***

SELF-DEFENSE

WEAPONS (BO)

TIMING

FORMS

Challenge Your Mind - Strengthen Your Body - Renew Your Spirit



Greetings,

You are personally invited to join me in the beautiful sunshine state of Florida for a day of training and fellowship. No better way to start the new year off right, than with a great workout.

All ages, ranks and styles are welcome. There will be something for everyone.

Any questions, feel free to contact me.

O' Sensei Bowles

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